

The Georgia Mental Health Alliance recommends the following
Speakers/Trainers for Mental Health support.



Mari Vogt

Organization: Mental Wellness Advisors, LLC

Contact Information: 404-431-22676; Marti.vogt@yahoo.com

Website: N/A

Speaker Topics Include:

- Mental Health First Aid
- Question, Persuade, Refer (QPR)
- Counseling on Access to Lethal Means (CALM)
- Sources of Strength
- Workplace Mental Wellness
- Basic Mental Health
- Connect: a postvention community response after sudden death or suicide in a community or organization

NAMI Georgia Workforce and Professional Development Presentations

Contact Information: 770-234-0855; familyprograms@namiga.org

Website: <https://namiga.org/programs-form/>

Speaker Topics Include:

- NAMI In Our Own Voice (2-hour presentation that promotes awareness of health conditions and recovery)
- NAMI Ending the Silence (60 – 90 minute presentation to raise awareness about mental illness, warning signs, and importance of early intervention)

Mental Health America of Georgia (MHA-GA) Mental Health Academy

Contact Information: 404-282-8071; info@mhageorgia.org

Website: <https://www.mhageorgia.org/programs-training/mental-health-academy/>

Speaker Topics Include:

- Workplace Wellness (1-hour seminar)
- QPR Suicide Prevention Gatekeeper Training (75-minute educational program)
- Mental Health First Aid (4.5-hour training)

Silence the Shame, Inc. Corporate Wellness Program

Contact Information: 404-596-6146; info@silencetheshame.com

Website: <https://silencetheshame.com/what-we-do/workplacewellness.html>

Speaker Topics:

- 1-hours Workplace Wellness seminars
 - Understanding Mental Health
- Understanding Substance Use and Addiction
- Managing the Impact of Trauma
- Calming the stress response
- Lifestyle Management Strategies
- Building Healthy Relationships for Mental Health
- Complicated Grief, Suicide Loss, and Survivor's Guilt
- Suicide Awareness in the Workplace
- Maternal Mental Health