

Improve your performance mentally, physically and emotionally

New AGC Georgia Academy Class Begins

February 2017

WOW!

“ If you want to improve the way people lead and manage, you have to improve the way people live.” ★★★★★

--Lisa Fanto, Vice President of Human Resources, Holder Construction Company

ENR

Our lead instructor, **Brent Darnell**, earned a prestigious **ENR Top 25 Newsmaker Award** for his hugely-successful *Total Leadership* program. We are thrilled to now offer the award-winning program through our AGC Georgia Academy.





WANT TO MAKE A REMARKABLE DIFFERENCE IN **YOUR** ABILITY TO MAINTAIN SUPERIOR RELATIONSHIPS WITH CLIENTS AND CO-WORKERS?

*The principles taught in the AGC Georgia Academy are easily integrated into **your** culture, and will make a positive impact.*

SUCCESSFUL COMPANIES INVEST IN A PIPELINE OF LEADERS TO BUILD AND SECURE A COMPETITIVE ADVANTAGE.

A top priority for AGC Georgia is providing game-changing resources to take you and your team to new heights. Academy curriculum develops higher levels of emotional intelligence, gives you tools to create an emotional experience instead of a transaction with internal and external stakeholders, builds communication skills, and develops how you present yourself to others. The following core concepts will be taught over eight sessions with the optimum goal of helping you achieve your mental, physical and emotional peak performance.

*“This program has been crucial to my professional development. By being aware and understanding my own behaviors, I’ve been able to better manage and obtain higher production from my teammates. As an added bonus, I’ve been able to **achieve better mental and physical health** by making educated decisions and by learning how to manage and recover from stressful situations.”*



Dawn Vander Veen, A.C.
Project Manager
McCarthy Building Companies, Inc.

WOW!

Killer Communication Skills Learn the pitfalls of communication and how to communicate clearly, motivate and persuade others without traditional approaches

Workforce Development: How to Attract and Retain the Best People Explore practical ways to attract and retain the best people and ideas to implement immediately

From the Head to the Heart: Create a positive emotional experience in your day-to-day business and make your competition irrelevant Increase business opportunities without increasing cost

Introduction to Emotional Intelligence for the AEC Industry and Plan Creation How to measure emotional intelligence, how to improve it, and how to achieve powerful results and its effect on your company’s bottom line

12 Steps to Great Relationships Learn every aspect of effective communication from ways to introduce themselves to that crucial first handshake

How to Present Like an Award Winning Actor: Increase Your Presence and Influence Create more effective, memorable presentations and increase effectiveness of interpersonal encounters using body, face, movement, and energy

Improvisation, Innovation, and Leadership Creativity is essential to foster innovation and leadership. Use hands-on exercises and improvisational storytelling to improve the creative process

Time Management and the Use of Lean Principles Examine the big picture and long-term goals, then drill down to give students the methods to handle all of the things that enter their world. Explore how to eliminate waste and handle time wasters including emails, phone calls, and meetings

Stop Pulling Your Hair Out! Stress Management and Peak Performance Identify and combat stress triggers before they manifest into low productivity, absenteeism, and illness

Primal Safety: How to Motivate Your People to Actually Implement Your Safety Program Tap into the emotional aspect of safety to help employees naturally work safer instead of rebelling against rules and policies

"This program was, in a word, life-changing. The growth mindset that Brent advocates was a significant catalyst in changing my approach to dealing with colleagues, subcontractors, and other management groups. In situations where once I would have run full speed ahead to accomplish my agenda, I now find myself excited about listening and working toward achieving a better understanding of the perspectives of others.

This significant change to my practice and my own perspective has impacted both my personal and professional life." ★★★★★

Jimmy Kennedy
Senior Project Manager
Batson-Cook Company

CUSTOMIZED COACHING

*. . . with every student, every session
and remotely between meetings.*

An incredible resource NOT offered with ANY other program!

LESSONS LEARNED WILL ADD VALUE TO YOUR PROFESSIONAL AND PERSONAL LIFE.

You will be more self-aware, achieve personal mastery, better health, and peak performance. Working better with others, including co-workers, clients, and stakeholders are just a few of the benefits. Our facilitators are committed to strengthening senior executives and jump-starting young professionals. With focused coaching, you will attain meaningful career and life goals. As employees increase proficiency in "soft" skills, the company benefits from increased productivity, risk management, bottom line results, business development, and longevity of its employees. You will find illnesses and issues caused by stress diminish.

OUR ACADEMY INSTRUCTORS

BRENT DARNELL is a mechanical engineer and a graduate of the Georgia Institute of Technology. He worked in the construction industry for 20 years, then started his leadership development company. He is an authority on emotional intelligence (EI) and a pioneer of its use in the construction industry. Since 2000, Brent has helped to improve the social competence and leadership skills of thousands of people in over 70 companies in more than 20 countries. He is an adjunct professor at Auburn and Penn State, teaching EI to their technical students.



His book, ***The People-Profit Connection, How Emotional Intelligence Can Maximize People Skills and Maximize Your Profits***, receives rave reviews and has been read by over 30,000 people. He was named a **Top 25 Newsmaker** in 2012 by **ENR** for "transforming alpha males into service-focused leaders" and "connecting his EI training approach to business success."

DR. ANDREA ROBBINS graduated with her Doctorate in Chiropractic in 1983 and received her Doctor of Naturopathy degree in 2004. She's been in practice for over 30 years. Whether she works with Olympic athletes or folks in the construction industry, she utilizes her vast skills and working knowledge of the body and nutrition to maximize mental and physical performance, improving the health and well-being of every individual and the overall health of companies.



Brent and Andrea are a dynamic professional duo and an inspirational husband and wife.



Scan QR code to read **ENR's** Top 25 Newsmaker article featuring Darnell or visit <http://goo.gl/OiBXTz>



Fast Facts

- Class of 2017 classes will be held on the following dates from 8:00 am – 4:00 pm at AGC Georgia’s Training Center in Atlanta.

February 7

March 14

April 4

May 9

June 6

July 18

August 15

September 12

- Class enrollment is limited to 30 students.
- Tuition includes:
 - Virtually 24/7 access to instructors for personalized coaching – this alone is worth more than the tuition. No other program offers this, not even the most-recognized names in the industry.
 - Eight instructional sessions, each including lunch
 - Complimentary access to Total Leadership Library (TLL), the award winning on-line program on emotion intelligence and people skills. *TLL retails for \$500.*
 - Complimentary registration to AGC Georgia’s Fall Leadership Conference in Pinehurst, North Carolina
**Participants are responsible for their overnight accommodations*
 - Brent Darnell’s books *The People Profit Connection*; 4-book *Tough Guy Survival Kit*; *The Tao of Emotional Intelligence*; and *The Primal Safety Coloring Book*.
- Graduation ceremony is planned for the morning of Saturday, October 14 at the Fall Leadership Conference. Encourage participants to make plans to attend from Thursday, October 12 thru Sunday, October 15.
- Promotion of student involvement/company support in AGC Georgia Academy through media outlets upon completion.

Register on or before January 9

AGC Georgia Member: \$3,700

Young Leadership Program Member: \$3,200

Non-AGC Georgia Member: \$5,000

Register after January 9

AGC Georgia Member: \$3,900

Young Leadership Program Member: \$3,400

Non-AGC Georgia Member: \$5,200

Visit www.agcga.org to register! Begin your exciting journey to a better you!

For more details about the AGC Georgia Academy, please contact Cherri Watson, Director of Safety, Education and Workforce Development at 678-298-4104 or watson@agcga.org. For log-in assistance, please contact Cindy Parham at parham@agcga.org or 678-298-4112.

Cancellation Policy: Full refunds are provided if written cancellation is sent to parham@agcga.org a minimum of 7 calendar days prior to start of the first session. No refunds given after this time.

SKEPTICAL?

You won't be after watching this powerful 3-minute video with testimonials from field employees to CEOs!



Scan with QR reader or visit <http://goo.gl/kpM62W>